

Embody your Sacred Self

Mentorship Program

Longing for new feminine evolutionary pathways requires powerful tools and the consistent support to shed old wounds, programs and beliefs systems that have kept us smaller than we are. Uncover and heal the exact subconscious and energetic obstacles that have been holding you back from what you know you are here to be and give. Receive a supportive ally and the accountability you need to create new patterns and deep cellular and spiritual transformation.



WELCOME TO THE INNER WORK

Embody your Sacred Self mentorship is everything that I once needed to propel me to the next step of my evolution, concentrated into a one to three month support system just for you.

In this container you will know without a shadow-of-a-doubt, that you are not alone. You will know that YES it gets easier, and much more enjoyable. You will be reminded that you CAN heal, and become the juiciest most satisfied version of you. You will know that you are here to do big things and that it is safe to be powerful. We will find more clarity on your path, and create clear action steps toward your dreams.

You will have access to cutting edge, soul-level repatterning methods to overcome your greatest blocks.

You will experience a dedicated ally walking with you, through your deepest shadows.

And you will come out on the other side, embodying more of the soulful feminine leader that you are.

What is Sacred Empowered Self?

To me a woman who embodies her Sacred Self is someone who is not defined by her past, her conditioning, or by what others want or expect from her. She is ever-evolving, and expanding and unapologetically chooses to create what she most deeply desires.

She does not believe in lack or limitation but rather, in her Boundless Nature and in the endless possibilities of what we are capable of as women, and a species. She is BIG, bright and free. In choosing her liberation, she sets the world free.

Who is this for?

This work is not for the faint of heart. This is for a woman that knows its time to go beyond what was laid before her and blaze new and pleasure-fully empowered trails.

It's for women bursting with readiness to claim more for their life and for our world. It is for women ready to roll up their sleeves and do the inner work to become the embodiment of her highest feminine expression.

This is for you if...

- You are tired of playing small or hiding your gifts.
- You are finished with settling or self sabotaging your relationships or career.
 - You are burnt out or done trying to do everything yourself.
- You are no longer willing to settle for a mediocre sex-life or with being with partners who do not meet you.

- You are ready to heal your past, so you can finally create your brightest future.
- You are ready to claim your birthright to be successfully, joyfully and passionately of service to the planet.
- You are ready for more passion, creativity and sensuality in your life.
- You want to know what it feels like to have a greater sense of pride, pleasure and satisfaction in being a woman.
- You are ready to launch your voice and gifts in a bigger way.
 - You are ready to call in your King.

If this is you...

first, choose your Medicine,

No More Hiding (Min 4 Weeks)

You are BIG. Bring your empowered voice and passionate purpose to the world, or uplevel your current evolutionary offering. Discover your dharma and create your seed intention Sankalpa.

Ignite your Feminine (Min 4 Weeks)

Get in touch with your feminine intuition, wisdom, creativity and sensuality. Learn to love your body, connect with your womb, and overcome sexual and creative blocks. REclaim your womb power.

Claim your King (Min 4 Weeks)

Heal your relationship to the masculine, repattern unhealthy attractions, and align with fully receiving your King.

Personalized Combo (3 Months)

This is intuitively guided combination to suit your personal process.

Pricing exchange:

4 weeks @ \$444

*special 4 weeks @ \$333 + 1 free

8 weeks @ \$789

12 weeks @ \$1,111

We will have weekly Skype calls, the call will be between 45 min - 90 min depending on what arises during the session. I will share practical tools and offer shamanic journeys and remote energy healing for our time together.

All payments can be done via Paypal to followyourblisscr@gmail.com if you need help with a payment plan just reach out and we can arrange that for you!

Tish Natashia Steenkamp // Womb healer, Earth Cycle's doula & Retreat leader



Tish is an earth doula and womb priestess. A torch bearer, hand holder, and light leader for women and men reawakening to the power of their own bodies. She inspires women to reframe the old ways of thinking and communicating about our menstrual cycle inviting sacred realignment with the potency of the feminine flow. A certified MoonMother®, Tish guides woman to live, grow and work in harmony with authentic femininity, amplifying women's ability to reclaim the sacred and take action in celebration of feminine energy rather than in denial of it. She blends a wealth of healing modalities into empowering and transformative retreat experiences for women worldwide. An awakener of the bliss body and a leader in emerging feminine consciousness she brings her gifts forward to help women transcend blocks, balance energy and activate a healthy mind, body spirit relationship.

Trained & Certified:

RYT 200h YTT Certification Yoga Alliance

Eco Restorative Chef Accreditation

Moon Mother® Certification

Sacred Cycles Doula Training

The Arvigo Techniques of Maya Abdominal Therapy®

Vortex Crystal Healing Certification

Holistic Wellness Coach Accreditation

Sound Therapy Certification with Vyola Myst

Retreat BluePrint Mastermind with Sheri Rossendal

Ancient Healing Therapies with Danitza ñusta wari

" You are a daughter of the divine. Life is created through your body, whether you're giving birth to babies, business, or beauty. Put a hand on your belly and rest in knowing that you possess this awesome superpower.

You do not have to listen to the programming that constantly urges you to soldier on with fight, push and grit. Balance right action with sacred feminine receptivity. Without efforting, you have the magnetic ability to draw your desires to you. Rather than gearing up to scale obstacles, allow them to melt."

~ Lisa Schrader

