

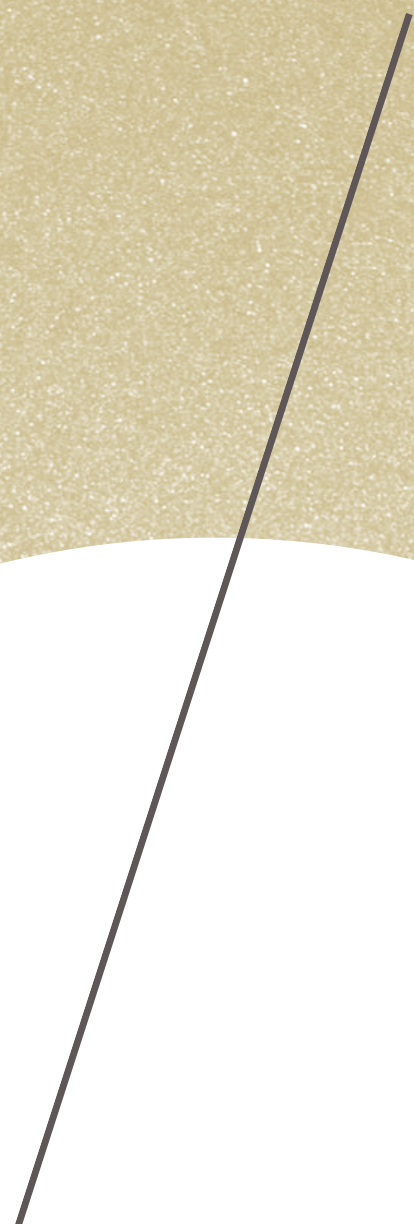
Follow your bliss

*Retreat Specialist
Holistic Healing Therapist
Ceremonialist*



*Bliss is unconditional grace, dancing with the
Divine in all forms.*

01



MISSION

My name is **Natashia Steenkamp**

As a retreat leader, entrepreneur and healer I realised that taking on a production alone and being the principal facilitator or space holder can be profusely overwhelming, we often get burned out or miss the finer details.

What I am noticing specifically with my clients is a desire for someone with logistical expertise and understanding of pricing, profit, and margins...someone whose energy sphere is based in magnetism, aligned attraction, a lean back approach, with a deep connection to Mother Earth.

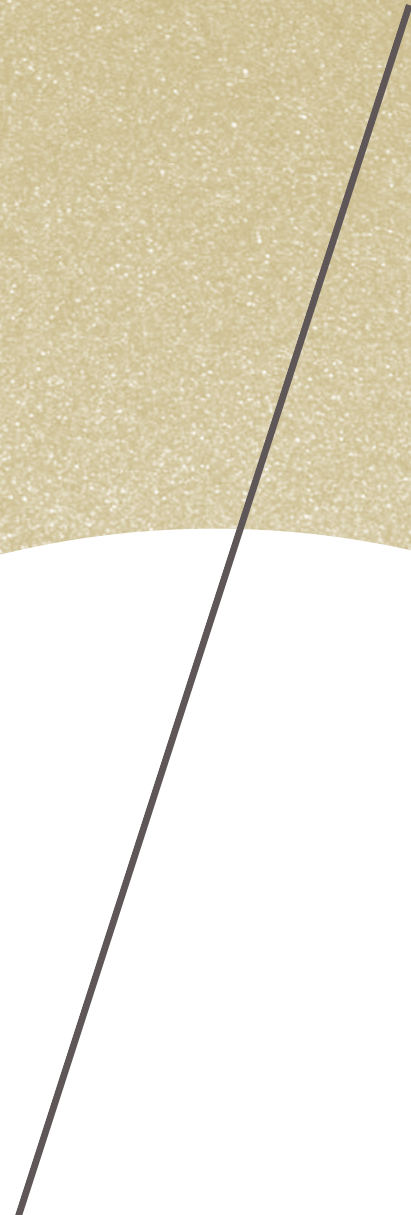
My **mission is to support** retreat leaders, training facilitators and influencers from conception to production to create and weave a **life changing experience** for their clients. My gift is seeing the deep energetics of the retreat or training as well as the practical application...

My **strengths** comes from my **experience** and capacity to stay focused and get the work done. I am a structured and systems person who pay attention to details ensuring a seamless flow. My intention is to strike a sweet balance between the masculine and feminine flow of business and creativity. I like to take initiative to meet any challenge with grace.

My **Dharma** is to **serve with love and joy**, I've vowed to only work with clients that share in my values of truth, integrity and healing for all beings.



02



SERVICE OFFERINGS

I curate, co-ordinate and facilitate trainings, retreats and wellness experiences for transformation and healing.

It will be my pleasure to facilitate you in the planning, production, execution and or post production stages.

Planning of retreat/training

(sourcing location, contract and all logistics of the event, hands on coordination and facilitation online)

Compile and facilitate with **Marketing & Sales Strategy**

Compile Strategy for **Social Media Calendar**

Share tools and techniques to build and grow lists

Consult on building of sales pages (Wordpress)

Facilitate with coordination and planning onsite

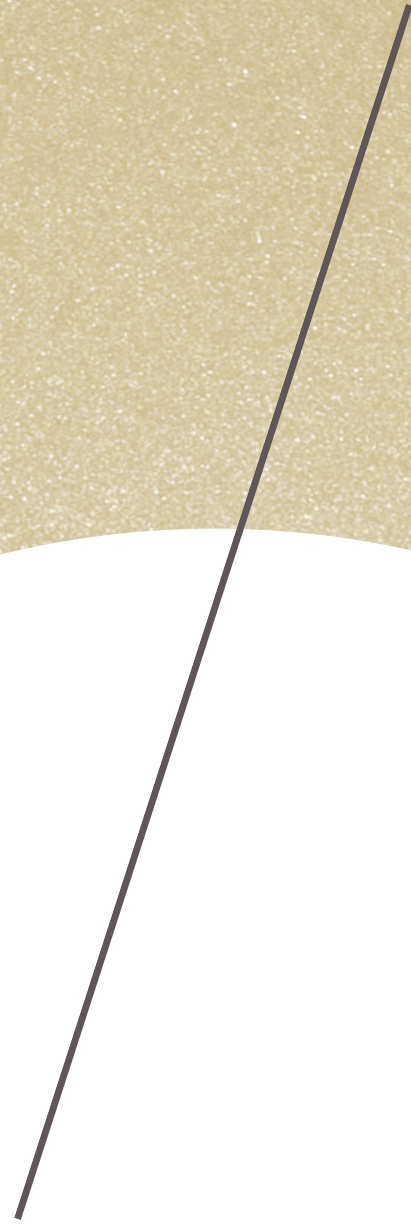
Managing budgets and forecasts, payment plans and payment schedules

Insights & feedback on event production

Source co-facilitators, partnerships, sponsors and or collaborators

Execute any research needed for production

03



EXPERIENCE

It's been an honor to **work with** the following light leaders, who continue to inspire and uplift me!



Ashleigh Sergeant

As the Head of Yoga Content for Gaia.com, Director of Yoga and Movement for The Envision Festival in Costa Rica, and co-founder of The Ālaya Yoga School, Ashleigh Sergeant also spent five years as the Global Yoga Trainer for Adidas and was honored to be the youngest Certified Anusara Yoga Instructor in the world.



Yoga Girl - Rachel Brathen

Swedish native, New York Times best-selling author, serial entrepreneur and international yoga teacher living in Aruba. Founder of www.oneOeight.com; an online platform for yoga, meditation, and healing.



Elana Meta

Storyteller through movement, an intimacy, sex and empowerment coach, from New York City. Founder and ceo of wild vessel and meta method- a globally-recognized dance technique using the natural elements to advance emotional intelligence and well-being.



Amber Sears

Amber Sears, an international pilates and yoga teacher, holistic nutritionist, former professional dancer and business coach.

Layla El Khadri

Working with Tish was a blessing from the beginning. She embodies a balanced leadership that helps the entire team flow with ease between productivity and human connection. She brings a beautiful soft human side when the team needs to regain cohesion, never lets stress affect her decisions, and has the ability to “get things done” effortlessly. A gem to work with and a great friendship to cultivate! Layla Elkhadri

Marcos Jansen

Tish is devoted to her path as a human, a woman, focused on inner awareness, service and teamwork. As a teacher and facilitator she holds space with elegance and care. She can make you sweat and laugh just to take you to feel strong and connected. Working with her is a pleasure because her commitment and deep bond with all team parts as well as being efficient. Tish goes the extra miles for all to arrive together happy and resolved. Marcos Jansen

Shiho Yoshida

Tish is a true professional and her eye for the details is truly her strong points. She will make you feel like a Goddess and brighten your day. I loved working with her! The retreat was a success due to her and her team's support. I could not have done it without her. Shiho Yoshida
Theme Camp Coordinator Envision Festival

Happy to share more testimonials upon request.

Nadine Lee

Johanna Thorn

Meg Mccracken

Rebekah Shaman

Journey Junkie Allie

Sofiah Thom

Darren Austin Hall

Marisa Peer

Production/ Coordination Experience

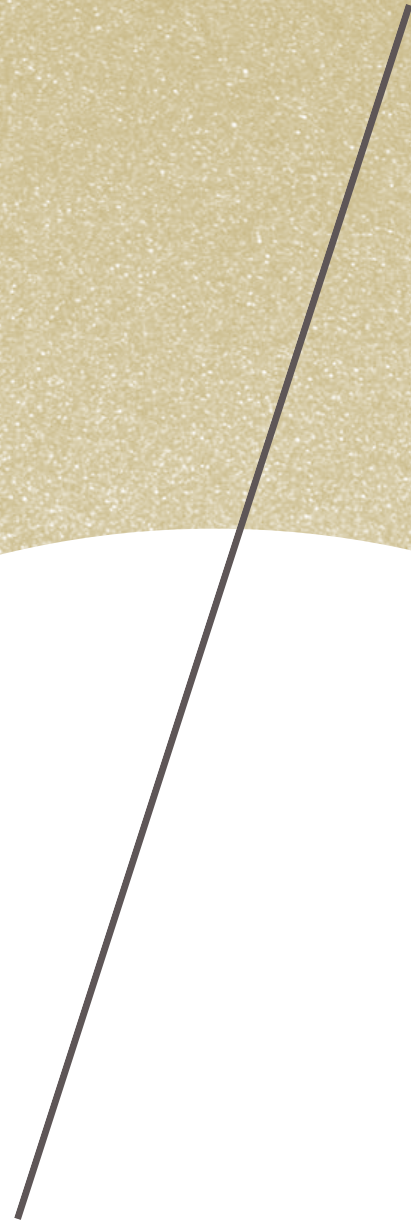
I've been in the events and production industry for 8 years, with a corporate background in finance and project management.

I worked for a corporate events company in South Africa for 4 years and started producing international retreats in 2015. I've produced retreats and trainings in USA, Central America, Thailand, Greece and South Africa.

Some of the projects I have been involved with:



04



TRAINED & CERTIFIED

Bcompt Financial Risk Management UNISA

2009 - 2013 South Africa

Diploma in Project Management Damelin College

2007-2008 South Africa

Mastermind in Retreat Coordination and production

2013 - 2014 Costa Rica

RYT 200h YTT Certification Yoga Alliance

2012 - Peru Sacred Valley

Eco Restorative Chef Accreditation

2018 - Costa Rica

Moon Mother[®] Certification

2017 - Costa Rica

Sacred Cycles Doula Training

2018 - Costa Rica

The Arvigo Techniques of Maya Abdominal Therapy[®]

2018 - Guatemala, Lake Atitlan

Vortex Crystal Healing Certification

2013 - USA

Holistic Wellness Coach Accreditation

2014 - USA

Sound Therapy Certification with Vyola Myst

2018 - Costa Rica

Summary

- * Lead and supports individuals and teams in a highly collaborative and service oriented manner
- * Strong leader, focused on clear communication, planning, logistics and systems
- * Works in dynamic, fast-paced, multi-level environment with emphasis on leadership and commitment to project timelines and standards

EXPERIENCE IN:

Educational Workshops and Training

Meeting Planning

Corporate Staged Events

Event / Retreat Consulting

Expos

Award Shows

Art Exhibits

Photo and Video Shoot

Graphic design Coordination

Speaker and Influencer Logistics and Coordination

Script Coordination

Transportation and Travel Logistics

Marketing

Office Structure and Documentation

Office Worksite Wellness Program Implementation

Social Media

Business Planning

Financial Planning

SPECIALTIES:

Pre-production

Post-production

Leadership Skills

Planning Strategy

Production Logistics

Stage Management

Mentoring

Consulting

Scheduling

Budgets

Large Group Logistics

Production Schedules

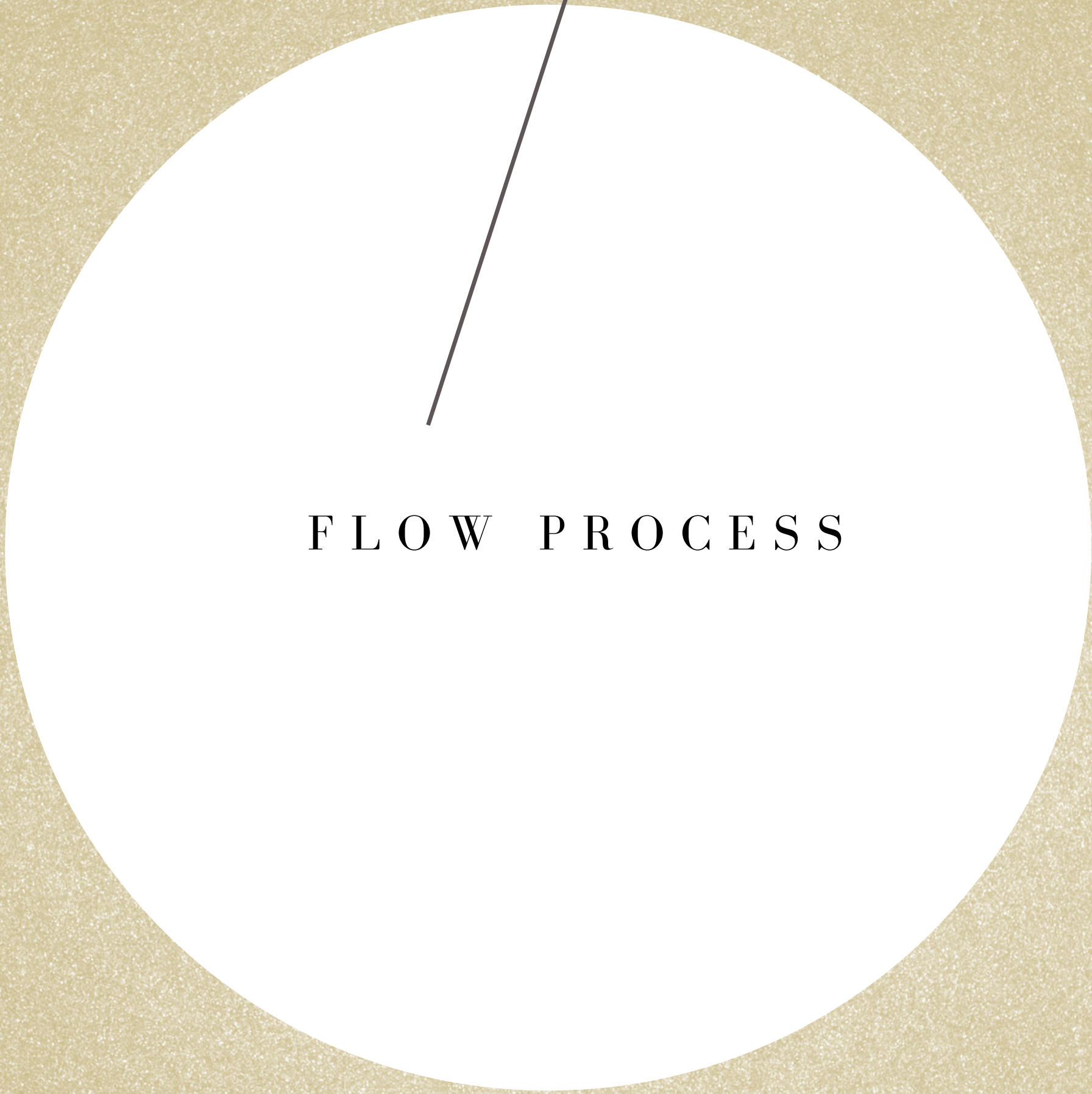
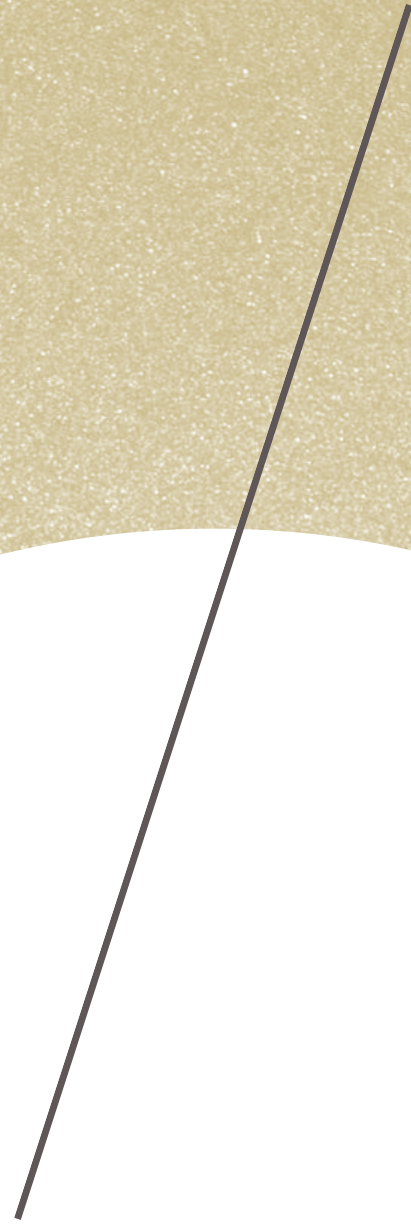
Domestic & International Travel

Talent Negotiation and On-site Coordination

Signage/Graphic Coordination and Production

Vendor/Material Sourcing and Management

05



FLOW PROCESS

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1: Strategy session:

Set a **video call** with retreat leader, influencer or facilitators. On this call we will share and discuss the intention, I will go over some basic info / questions and we can find together what the production or collaboration opportunity needs are.

2. Together we can decide if things feel aligned and if so, we can set up a date so I can send through a more detailed **proposal** of the engagement.

3. Once the proposal of the engagement is accepted we will get a **contract** signed

4. **Execution** of production (a lot of work and fun.)

5. Feeling grateful, succeeded! **Feedback** and debrief video call with retreat leader, influencer or facilitator

Excited to connect!

"Alone we can do so little; together we can do so much."

Helen Keller

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